

October 14th 2:30p - 6p October 15th 9a - Noon

Open to athletes of all levels artistic and TNT Registration Fee \$75 Until September 14th Registration Fee of \$100 September 15th - October 1st

Saturday Schedule 2:30-3p Check In 3-3:30p Warm Up/Groups 3:30-4:15 Rotation 1 4:15-5 Rotation 2 5-5:45 Rotation 3 5:45-6 Closing

9-9:15 Warm Up

Held At: Gymnastics Central 8485 Broadwell Rd Cincinnati, Oh 45244

Sunday Schedule 9:15-10 Rotation 4 10-10:45 Rotation 5 10:45-11:30 Rotation 6 11:30-12 Open Gym and Closing

Clinician listing will be made available to coaches by August 1.

Electronic rosters may be sent to

heatherbesselman@me.com Venmo Payment: @Central_Ohio_TNT

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non-Athlete men berships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aauspoles.org to obtain their membership.