## 2021 MICHIGAN AAU CROSS COUNTRY DISTRICT QUALIFIER NOVEMBER 20, 2021

WHERE: Victory Park

581 Haven Rd, Albion, Michigan 49224

SANCTIONED BY: Amateur Athletic Union of the U.S., Inc

HOST: BLAZERS TRACK CLUB

Dan & Vondra Davis / Mike Jurasek, Meet Directors

AGE DIVISIONS: 6 & under Boys and Girls Born 2015 & after-1000 meters – 1K

7 & 8 Boys and Girls Born 2013 &2014 -2000 meters - 2K 9 & 10 Boys and Girls Born 2011 & 2012 - 3000 meters - 3K 11 & 12 Boys and Girls Born 2009 & 2010 - 3000 meters - 3K 13 & 14 Boys and Girls Born 2007 & 2008 - 4000 meters - 4K

15-18 Young Men & Young Women Born 2006 & 2003 - 5000 meters -5K \*Athletes who are still 18 years of age on the day of the AAU National Cross Country National Championship Meet shall be eligible to compete in the Young Men & women's division

ELIGIBILITY: All participants must have a current AAU membership.

AAU membership must be obtained before the competition Visit the AAU website

www.aausports.org to obtain their membership.

ENTRY FEE: \$20.00 per Cross Country athlete must be paid. Fee must be submitted by deadline.

AAU membership may not be included as part of the entry fee to the event.

DEADLINE DATE: ONLINE REGISTRATION ONLY: WWW.COACHO.COM BY THURSDAY,

NOVEMBER 18, 2021.

ADVANCEMENT: All participants will advance to AAU CROSS COUNTRY NATIONAL

CHAMPIONSHIP - DECEMBER 4, 2021 @ McAlpine Park, Charlotte, NC

PACKET P/U: Saturday December 4, 2021 – ON SITE

AWARDS: Top twenty (20) place finishers in each age group will receive awards

- ? This event is licensed by the Amatuer Athletic Union of the U.S., Inc
- ? All participants must have a current AAU membership
- ? AAU membershipmay not be included as part of the entry fee to the event.
- ? AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website @ www.aausports.org to obtain their membership
- ? BE PREPARED: Adult and Non athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

For Further info contact: Dan Davis - dkdmann1@yahoo.com

517 914 5288

## ORDER OF EVENTS

(Schedule subject to change based on number of entries)

9:00 am Coaches Packet Pickup

9:30 am Check in for first race

ALL AGE GROUPS MAYBE COMBINED BY GENDER BASED ON NUMBER OF ENTRIES!

START TIME FOR FIRST RACE IS 10:00 am, THIS WILL BE A ROLLING SCHEDULE AS TIMES BELOW ARE ESTIMATED. PLAN TO ARRIVE EARLY!

| 10:00 am | 15-18 Young Women – 5K      |
|----------|-----------------------------|
| 10:30 am | 15-18 Young Men – 5K        |
| 11:00 am | 13-14 Boys & Girls – 4K     |
| 11:30 am | 11-12 Boys & Girls – 3K     |
| 12:00 am | 9-10 Boys & Girls – 3K      |
| 12:30 pm | 7-8 Boys & Girls – 2K       |
| 1:00 pm  | 6 & under Boys & Girls - 1K |