

3rd ANNUAL GULF COAST INVITATIONAL

YOUTH/OPEN/MASTERS

St. Paul's Episcopal School

May 18, 2019

Mobile, AL

Location: St Paul's Episcopal School
161 Dogwood Lane
Mobile AL 36608

Hosts: Mobile City Speed Track Club
Port City Rain Track Club

Entry Deadline: May 16, 2019 11:59 pm Online Registration at Coacho.com

Fee: \$20 per athlete – Must pay online. No onsite registration
\$25 Open & Masters.

Age: 4-18 yrs old (Youth) / Open & Masters

Admissions: \$5 (6 and under are free)

Time: 8:00 am Coaches Meeting at the high jump
8:30 a.m. Field Events Start
9:00 am Running Events Start

All events are timed Finals so please use seed times.

*Competitors can bring their own implements to be used at the meet.



FOR MORE INFORMATION:

DALE BEARD

251-604-8069

Mobcity2011@gmail.com

Or

LYLE COLEMAN

251-421-4014

Lylecoleman62@gmail.com



- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.