ATAC 2023 Long Course Opener

AAU Sanction #

This event is licensed by the Amateur Athletic Union of the U.S.,Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website *www.aausports.org* to obtain their membership.

Host: The ATAC Swim Team

Date: May 6, 2023

Place: TISD Aquatic Center, Texarkana Texas

Time: Warm Up will begin at 10:00 AM with meet start at 11:00 AM

Event Limits: Each swimmer can swim up to five individual events and two relays.

Entry Fees: There is a flat \$35 fee per swimmer. Fee includes all events and facility charges. Deck entries will be accepted if space is available, the deck entry fee is \$35. All fees need to be paid before the start of the meet made payable to ATAC Swim Team. Please try to make one team check.

Athletes age: The age of the swimmer on May 6, 2023 will be the athletes competition age.

Entry due date: Entries are due no later than Tuesday May 2, 2023. Entries should be in a Hy-Tek Team Manger format. All entries need to be sent to ataccoach@gmail.com once they are received, a confirmation email will be sent.

Seeding: This is a pre-seeded meet. All events will be timed finals. Submit Swimmer's best long course meter times to ensure proper seeding (converted times acceptable).

Timers and Officials: It is not required that any team provide timers or officials. However, any and all help with timing or officiating is much appreciated.

Warm Ups: please enter the pool feet first unless you are doing one way starts. When diving all swimmers must only swim one way.

Awards: Ribbons will be given for $1^{st} - 8^{th}$ place in each event.

Heat Sheets and Concession: will be available at the meet. Heat sheets will be on sale at the concession stand.

SAFETY, FACILITY & AAU RULES: Glass containers or breakable objects of any kind are NOT permitted in the pool area, restrooms, or outside deck. All injuries occurring within the pool area or restrooms must be reported to the manager on duty immediately. Smoking is not allowed. Texarkana College and/or ATAC swim team assumes no liability for the loss or theft of member's personal belongings. Items left in pool area at the end of the day will be placed in the pool's lost and found. Use of audio or video recording devices, including cell phone devices with such capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms or any other location where swimmers may be dressing. Any person so found possessing such devices in these areas will be immediately removed from the meet with all fees forfeited. No On-Deck Changing will be allowed. No animals of any kind are allowed in the facilities except those allowed by law. No alcoholic beverages in the facility. Any Swimmer who does not enter the pool feet first during any portion of a warmup/warm-down period which requires feet first entry shall receive a warning for the first offense rather than a disqualification. Disqualifications are automatic for subsequent violations. In the session in which the penalty is enforced, the swimmer cannot deck enter an event to replace the event from which they were removed. This rule applies to the separate warm-up pool during all sessions. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

QUESTIONS: Contact Eric Vogan @ 903-244-0174 or e-mail to $\underline{\text{ataccoach@gmail.com}}$. Each attending team is encouraged to provide volunteers for timing or officiating.

<u>Girls</u>	Events	Boys
1	200 Medley Relay	2
3	200 Free	4
5	50 Breast 12 & U	6
7	100 Breast	8
9	100 Free	10
11	50 Back 12 & U	12
13	100 Back	14
15	50 Fly 12 & U	16
17	100 Fly	18
19	50 Free	20
21	200 IM	22
23	200 Free Relay	24