



2024 Willow Martial Art Spring Taekwondo In-House Tourney Invitation Only – Limited time & space



Sunday, March 10, 2024

Check-in 8:30 AM. Competition begins 9:00 AM.

Location: East Gym, Kirkwood Community Center, 111 South Geyer Rd, Kirkwood 63122

Registration form MUST be completed and received by March 7. Payment: Check (made out to Willow Martial Arts), cash (exact change appreciated), or debit/credit card (during class or at tournament). The completed form may be brought to class or mailed to Pat Weseman, 3666 Gail Drive, Imperial, MO 63052 or copied and emailed to pweseman@aol.com or texted to 314-620-1987.

Events: Forms or Technique Drills (4-6 yr. olds who do not know a form), Weapons Forms or Weapons drills (4-9 yr. olds who do not know a weapons form), High Jump (divided by height), foam sword fighting and breaking.

Cost: Breaking \$6. All other events \$5 **per event.**

Name _____ Instructor _____

Age _____ Sex _____ Height (inches) _____ Belt Rank (color) _____

- BREAKING (\$6)
- FORMS (\$5) **OR** TECHNIQUE DRILLS (Ages 4-6) - (\$5)
- WEAPON FORMS (\$5) **OR** WEAPONS DRILLS (Anyone not knowing a form) – (\$5)
- HIGH JUMP (\$5)
- FOAM SWORD FIGHTING (\$5)

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- HIGH JUMP (\$5)
- FOAM SWORD FIGHTING (\$5)

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership. Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. This event is licensed by the Amateur Athletic Union of the U. S., Inc. AAU membership may not be included as part of the entry fee to the event.