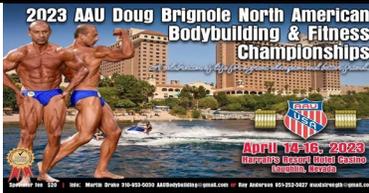


2023 Doug Brignole AAU Bodybuilding, Physique, Fitness & Bikini Championships Harrah's Hotel & Casino Laughlin, NV

Date: April 15, 2023 Location: Fiesta Showroom. Please book your rooms early Our block is on a first come first serve basis.

When the block fills, room rates WILL GO UP.

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat.



Date : Saturday April 15, 2023

Testing: Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.

Eligibility: Must be a current member of the AAU.

Divisions: Bodybuilding AND CLASSIC BODYBUILDING: Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Physique: Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Figure Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up WOMEN

Bikini Novice, Teen (18-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up WOMEN

SPORTS MODEL Teen (14-19) Jr 20-23, Submasters 35-39 ,Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Mixed Pairs Open, Masters, Theatrical

Classic Swim Wear Teen (14-19) Jr 20-23, Submasters 35-39 ,Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Fitness Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + MEN AND WOMEN

Angel Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up + WOMEN

Beach Bikini Novice, Teen (18-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up WOMEN

FITNESS Novice, Teen (14-19) Jr 20-23, Submasters 35-39 Open, Masters 40-49, 50-54, 55-59, 60-60-64 65-59 , 70-74, 75-79 and up WOMEN & MEN Youth 13 and under

Athletes in the masters division may compete in a lower age masters class IF THEY ARE ALREADY ENTERED IN THEIR RESPECTIVE AGE GROUP. All athletes are encouraged to compete in the open division

We will not combine age group classes if even one athlete is pre-entered.

Schedule : Early Check-in Athletes entered may check-in between 5:00-6:00 PM April 14 at the regular check- in.

Regular Check-In begins at 11:00 A.M. April 15

Awards: Medals First thru third (MINIMUM) Overall awards in many divisions.

Team Trophies first thru third

Fees: \$100 \$50 for each additional division/class. Teams \$50

All athletes must have a current AAU membership card \$24 adult \$14 youth

AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN ! AS PART OF THE CARD PROCESS. ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

Hotel Info: Harrah's Hotel & Casino, 2900 S. Casino Dr. Laughlin, NV. 89029.

<https://www.caesars.com/book/?PropCode=LAU&action=FindRooms&groupcode=S04NAC3>

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY!

BLOCK CLOSES March 1, 2023 OR WHEN SOLD OUT WHICHEVER COMES FIRST

Spectator Fee: \$10 per day, except officials and lifters entered.

ENTRY DEADLINE IS March 1, 2023 LATE ENTRIES WILL NOT BE ACCEPTED!

NO REFUNDS !!!! Make checks, money orders Or ZELLE (951-252-5627) payable to:

Ray Anderson
39533 Highbury Dr
Murrieta, CA. 92563
(951)252-5627

E-MAIL: maxtstrength@gmail.com

QUALIFIER FOR AAU Universe Oct. 2023 Las Vegas

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
 - All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
 - Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

2023 Doug Brignole AAU World Bodybuilding, Physique, Fitness & Bikini Championships

Harrah's Hotel & Casino Laughlin, NV

Name: _____ Phone: _____ A.A.U. # _____
 Address _____ City _____ State _____ Zip _____
 Weight Class _____ Age: _____ D.O.B. _____ Sex _____
 E-Mail address _____

Bodybuilding TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

PHYSIQUE TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

FIGURE TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

BIKINI TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

ANGELS TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

SPORTS MODEL TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

PAIRS OPEN _____ (PARTNER NAME _____) **PAIRS MASTERS** _____ (PARTNER NAME _____) **PAIRS THEATER** _____ (PARTNER NAME _____)

CLASSIC BODYBUILDING TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

CLASSIC SWIMWEAR TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

FITNESS TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

BEACH BIKINI TEEN _____ NOVICE _____ 20-23 _____ 35-39 _____ Open _____ MASTERS 40-49 _____ 50-54 _____ 55-59 _____ 60-64 _____ 65-69 _____ 70-79 _____ 75-79 _____ MASTERS 80+ _____

AAU Bodybuilding Waiver and Consent and hold harmless agreement

In order to be able to participate in this or any other AAU Powerlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by AAU Strength Sports. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the by AAU Strength Sports

I understand that both the collection process and testing procedures will be performed by a third party (not by AAU Strength Sport or AAU)I hereby release, discharge and covenant not to sue the by AAU Strength Sports and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorney's fees, loss, liability, damage, or cost which may occur as a result of such claim. The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

I also agree to hold harmless Rancho Buena Vista High School, Vista Unified School District and the respective Employees and Administrators harmless.

Signature: _____ Date: _____

Signature of parent or Guardian: _____ if under age 21

**AMATEUR ATHLETIC UNION STRENGTH SPORTS
DRUG-TESTING CONSENT FROM**

By signing this form, I _____ affirm that I am aware of the
(Please Print Name)

Amateur Athletic Union Strength Sports drug-testing program and have read the Adult Substance Abuse Program Summary.

I acknowledge that doping or the use of drugs before or during competition is prohibited and a violation of the AAU Code.

I consent and agree to urine drug testing to participate in any and all AAU Strength Sports events.

I understand and agree that the collection process and testing procedures will be performed by a third party and in accordance with the AAU Strength Sports Testing Policy.

I acknowledge that AAU Strength Sports shall notify me of the results of the test by certified mail, return receipt requested, to the address I provide below.

I FURTHER ACKNOWLEDGE AND AGREE THAT SHOULD NOTICE OF A POSITIVE TEST BE RETURNED FOR ANY REASON TO AAU Strength Sports, AAU Strength Sports SHALL HAVE THE RIGHT TO POST MY NAME ON THE SUSPENSION LIST LOCATED ON THE WEB PAGE OF AAU Strength Sports.

I acknowledge that if I test positive, refuse to be tested, and/or fail to appear for testing, I will automatically be disqualified from any and all AAU Strength Sports events and may be subject to further penalties and/or sanctions under the policies and procedures set forth in the AAU Code.

I acknowledge that I may request a hearing before the AAU Review Board to challenge my disqualification from any and all AAU Strength Sports.

I acknowledge and agree that this Consent shall be in effect for one (1) year from the date of signing. The parties herein agree that if any part of this Consent shall be deemed invalid and/or unenforceable, the remaining terms and provisions of said Consent shall remain in full force and effect.

I acknowledge that I have read this Consent and fully understand and agree with its contents. I further acknowledge that if I am selected to be tested, I may be required to sign another Consent Form.

Dated this _____ day of _____, 20_____

SIGNATURE _____ DATE OF BIRTH _____

ADDRESS _____

City _____ State _____ Zip Code _____

Country _____

TELEPHONE NUMBER _____ E-MAIL ADDRESS _____

MEMBERSHIP NUMBER _____ RENEWAL _____ NEW MEMBER _____

WITNESS (PRINT NAME) _____

SIGNATURE OF WITNESS _____

2023 AAU HI-TEMP North American Weightlifting Championships WORLD RECORDS CAN BE SET

Harrah's Hotel & Casino Laughlin, NV

YOU MAY EITHER Weightlift, Snatch only, Clean and Jerk Only, Power Clean or all combinations

Date: April 14-16, 2023 Location: 12,000 sq ft Ballroom Please book your rooms early Our block is on a first come first serve basis. When the block fills, room rates WILL GO UP.

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat.



- Testing:** Any athlete entered may be subjected to drug testing per the AAU Policies and procedures.
- Eligibility:** Must be a current member of the AAU.
- Divisions:**
Youth (6-7,8-9,10-11,12-13) **Teen**(14-15,16-17,18-19) **Junior**(20-23) **Open, Sub-Masters**(35-39) **Masters** 40-44,45-49 etc. in 5 year, **Lifetime Masters**), **Law/Fire** (active, retired), **Military**(active, retired, reserves) ,
WEIGHT CLASSES: AS OF JAN 1 WEIGHT CLASSES WILL BE THE SAME AS POWERLIFTING.
- LADIES:**
30KG, 35KG, 40KG , 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 100+KG
- MEN:** 30KG, 35KG, 40KG , 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 110KG, 125KG,140KG, 140+KG
- Weigh-ins:** Early weigh-ins is 6:00-7:30 PM the night before group lifters. Regular weigh-ins is 7:00 am to 8:30 am the morning of the applicable lifting session. See lifting schedule
- Lifting Sched:**
8:30A.M Friday all **Women and Men 67.5 KG and below**
8:30 A.M Saturday for **Men 75KG and above**
- Awards:** Medals First thru Third. Best lifter awards in many divisions
Team Trophies first thru third
- Fees:** **\$100 for first division entered \$50 for each additional division/class within WEIGHTLIFTING**
All lifters must have a current AAU membership card \$24 adult \$14 youth

AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG `ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN ! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

Hotel Info: Hotel Info: Harrah's Hotel & Casino Group code: S04NAC3 (702) 298-4600

Hotel link: <http://www.caesars.com/book/?PropCode=LAU&action=FindRooms&groupcode=S04NAC3>

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY!

BLOCK CLOSES March 1, 2023 OR WHEN SOLD OUT WHICHEVER COMES FIRST

Spectator Fee: \$10 per day, except officials and lifters entered. \$10 FOR EACH SPECTATOR WITH A CURRENT AAU Card

ENTRY DEADLINE IS March 1, 2023 - LATE ENTRIES WILL NOT BE ACCEPTED!

NO REFUNDS !!!!

Make checks, money orders Or (ZELLE 951-252-5627) payable to:

Ray Anderson
39533 Highbury Dr
Murrieta, CA. 92563
(951)252-5627

E-MAIL maxtstrength@gmail.com

LIFTERS QUALIFY FOR 2020 AAU WORLDS IN IN OCTOBER AT THE RIO IN LAS VEGAS

MEET WILL BE CAPPED AT 100 LIFTERS

Top 5 in each weight class qualify for the AAU World Championships OCT 2023 in Las Vegas

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
 - All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
 - Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

2023 HIGH-TEMP AAU North American Weightlifting Championships
WORLD RECORDS CAN BE SET
Harrah's Hotel & Casino, Laughlin, NV

Name: _____ Phone: _____ A.A.U. # _____
Address _____ City _____ State _____ Zip _____
Weight Class _____ Age: _____ D.O.B. _____ Sex _____
E-Mail address _____

PLACE WL for weightlifting, SN for Snatch only or CJ for Clean and Jerk only PC for Power Clean in appropriate block!

Open: _____ Teen _____ Youth _____

Junior _____ Sub Master: _____ Master: _____ Law/Fire: _____

Military _____ Lifetime Masters _____

AAU Weightlifting Waiver and Consent

In order to be able to participate in this or any other AAU Weightlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUSS.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUSS or AAU) I hereby release, discharge and covenant not to sue the AAUSS and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(so, or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: _____ Date: _____

Signature of parent or Guardian: _____ if under age 21

2023 STRONGARM USA AAU North American Powerlifting, Bench, Deadlift, Push/Pull Championships

WORLD RECORDS CAN BE SET

Harrah's Hotel & Casino, Laughlin, NV

YOU MAY EITHER POWERLIFT, BENCH, DEADLIFT OR PUSH PULL, OR ALL COMBINATIONS!

Date: April 14-16, 2023 Location: 12,000 sq ft Ballroom Please book your rooms early Our block is on a first come first serve basis. When the block fills, room rates WILL GO UP.

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat.



Testing: Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.
Eligibility: Must be a current member of the AAU.
Divisions: All weight classes listed below are provided in all divisions for **both men and women. Both Raw and equipped**

Youth (6-7,8-9,10-11,12-13) Raw Teen(14-15,16-17,18-19), Teen(14-15,16-17,18-19) Junior(20-23) Open, Lifetime, Sub-Masters(35-39) Masters 40-44,45-49 etc. in 5 year, Lifetime Masters, Raw Youth, Raw Teen, Raw Junior, Raw Open, Raw Lifetime, Raw Sub masters, Raw Masters(40-44,45-49 etc. in 5 year increments) Raw Lifetime Masters (5 Yrs) Military/ Law/Fire/Military (active, retired, reserves), Disabled by weight and age Blind/Dwarf/Wheel Chair. High School

Weight Classes: Men: + Youth 66, 77, 88, 97, 105 ALL 114,123,132,148,165,181,198, 220 ,242, 275,308, 308+
Women: Youth 66, 77, 88, ALL 97,105 114,123,132,148,165,181,198,198 220, 220+

Weigh-ins: Early weigh-ins is 6:00-7:30 PM the night before group lifters. Regular weigh-ins is 7:00 am to 8:30 am the morning of the applicable lifting session. See lifting schedule

Lifting Sched: 8:30 A.M: Friday all **Women plus Men 148 and under ALSO ALL ADAPTIVE LIFTERS**
8:30 A.M Saturday for **Men 165-181**
8:30 A.M Sunday for **Men 198-308+**

Awards: Medals First thru Third (MINIMUM) Best lifter awards in many divisions.
Team Trophies first thru fifth

Fees: \$100 for first division entered \$50 for each additional division/class within POWERLIFTING. Team entries \$50

All lifters must have a current AAU membership card \$24 adult \$14 youth

AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECK-IN ! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

Hotel Info: Link: www.caesars.com/book/?PropCode=LAU&action=FindRooms&groupcode=S04NAC3

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY!

BLOCK CLOSES March 1, 2023 OR WHEN SOLD OUT WHICHEVER COMES FIRST

Spectator Fee: \$15 per day, except officials and lifters entered. \$10 FOR EACH SPECTATOR WITH A CURRENT AAU Card

ENTRY DEADLINE IS March 1, 2023- LATE ENTRIES WILL NOT BE ACCEPTED!

NO REFUNDS !!!!

Make checks, money orders or (ZELLE 951-252-5627) payable

**Ray Anderson
39533 Highbury Dr
Murrieta CA. 92563
(951) 252-5627**

E-MAIL maxtstrength@gmail.com

**LIFTERS QUALIFY FOR 2023 AAU WORLDS IN IN OCTOBER AT THE RIO IN LAS VEGAS
MEET WILL BE CAPPED AT 500 LIFTERS (max of 350 in the full pl meet)**

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
 - All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
 - Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

2023 AAU North American Powerlifting, Bench, Deadlift, Push Pull Championships
WORLD RECORDS CAN BE SET
Harrah's Hotel & Casino
2900 S. Casino Dr
Laughlin, NV. 89029

Name: _____ Phone: _____ A.A.U. # _____
Address _____ City _____ State _____ Zip _____
Weight Class _____ Age: _____ D.O.B. _____ Sex _____
E-Mail address _____

PLACE "P" for Powerlifting "B" for Bench, "D" for Deadlift, "C" For Pushpull
in appropriate block!

Equipped

Open: _____ Teen _____ Youth _____

Junior _____ Sub Master: _____ Master: _____ **Military/ Law/Fire/Military:** _____

Lifetime _____ Lifetime Masters _____

Raw

Raw Open: _____ : _____ Raw Teen: _____ Raw Youth: _____

RAW HIGH SCHOOL _____

Raw Junior _____ Raw Sub Master: _____ Raw Master: _____

Raw Lifetime _____ Raw Lifetime Masters _____

Raw **Military/ Law/Fire/Military:** _____ Disabled: _____ (specify, Dwarf, Blind, Wheel
Chair) Adaptive _____

AAU Powerlifting Waiver and Consent

In order to be able to participate in this or any other AAU Powerlifting event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(so, or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorneys fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: _____ Date: _____

Signature of parent or Guardian: _____ if under age 21

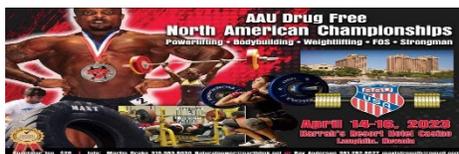
2023 HI-TEMP AAU Feats of Strength Indoor North American Championships

Harrah's Hotel Casino Ballrooms and Rio Vista Amphitheater, Laughlin NV WORLD RECORDS CAN BE SET

Date: April 14-16, 2022 **Location:** 10,000 sq ft ballroom and 12,000 Seat Rio Vista Amphitheater . Spring **Break on the River.** and Feats of Strength. Please book your rooms early Our block is on a first come first serve basis. When the block fills, room rates WILL GO UP. Average April temp on the river is 86 degrees.

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat.

Our block is on a first come first serve basis. When the block fills, room rates WILL GO UP.



Testing: Any adult athlete (age 20+) entered may be subjected to drug testing per the AAU Policies and procedures.

Eligibility: Must be a current member of the AAU.

Divisions: **Youth** (6-7, 8-9, 10-11,12-13,14-15,16-17,18-19), **Junior** (20-23), **Open** (24-34), **Sub-Masters** (35-39), **Masters** (40-44, 45-49, etc. in 5 year increments), **American Heroes** (Military, Police, Fire, and First Responders)--Age 18+.

Weight Classes: All weight classes listed below are provided in all divisions for **both men and women**.

Men: Youth: 66, 77, 88, 97, 105. **ALL:** 114,123,132,148,165,181,198, 220, 242, 275, 308, 308+

Women: Youth: 66, 77, 88. **ALL:** 97,105,114,123,132,148,165,181,198, 220, 220+

Weigh-ins: Regular weigh-ins are 7:00 to 7:45 am for each morning of competition. Early weigh-ins are 6:00 pm to 7:30 pm the night before each day of competition. You also may weigh in with a powerlifting or weightlifting official outside of these times in accordance with the respective powerlifting and weightlifting fliers/entry forms. You must weigh in for each day of competition within 24 hours of your competition.

Event Schedule: Friday April 14: 9:00 am to 6:00 pm

Saturday April 15: 9:00 am to 6:00 pm

1. **Events 1-5 will be held on Friday ONLY. Events 6-10 on Saturday ONLY**

2. **Schedule will be coordinated with PL and WL events, and published about 3 weeks before the meet.**

World Championship medals will be awarded for 1st through 3rd places in your selected division (either Weight Class/Age Group, Weight Class Open, or Open Unlimited Weight-- for each entered event. See Entry Form on Page 3.

Rules Briefing & Warm-up: 15 min prior to the start of each event.

Records: U.S. Citizens are eligible for AAU American and World Records. Non-U.S. citizens are eligible for AAU National and World Records.

Spectator Fee: \$10 per day for indoor events, except officials and lifters entered.

AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG `ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECK-INS! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL

Hotel Info: Harrah's' Hotel Casino reference: (702) 298-4600 Block # S04AA3 HOTEL HOTLINK:
<http://www.caesars.com/book/?propCode=LAU&action=FindRooms&groupcode=S04NAC3>

Our rate is only \$30/night. Sun-Thursday and \$75/Night Fri. and Sat. LIMITED # OF ROOMS BOOK TODAY!
BLOCK CLOSES on March 1, 2023 OR WHEN SOLD OUT WHICHEVER COMES FIRST

Spectator Fee: \$10 per day, except officials and lifters entered.

Video Tapes: VIDEOING ALLOWED

ENTRY DEADLINE IS March 1, 2023 - LATE ENTRIES WILL NOT BE ACCEPTED!

NO REFUNDS !!!!

Make checks, money orders or ZELLE (951-252-5626) payable to:

Ray Anderson

39533 Highbury Dr Murrieta, CA. 92563

(951) 252-5627

Email: mxtstrength@gmail.com

2023 HI-TEMP AAU Feats of Strength Indoor North American Championships

LIFTERS QUALIFY FOR 2023 AAU WORLDS IN IN OCTOBER AT THE RIO IN LAS VEGAS

This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

Name: _____ Phone: _____ A.A.U. Card # _____

Address _____ City _____ State _____ Zip _____

Weight Class _____ Age: _____ Height _____ D.O.B. _____ Gender _____

E-Mail address _____

AAU Feats of Strength Waiver and Consent for Individual Competitors

In order to be able to participate in this or any other AAU Strength Sports event, I hereby consent to be drug tested by urine analysis or whatever other method is chosen by the AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU)

I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorney's fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature: _____ Date: _____

Signature of parent or Guardian: _____ if under age 21

Entry Form—2023 HI-TEMP AAU Indoor Feats of Strength North American Championships

| Event Description | Entry Fee | | |
|---|---|-----------------------|-----------------------|
| 1. Combine Bench Press for Reps (1 attempt – Men 225/ Women 135. Touch & Go – Full Extension) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 2. Trap Bar Deadlift for Reps (1 attempt, 60-sec limit) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 3. Log Clean & Press (max weight, 3 attempts) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 4. Saxon Bar Deadlift (max weight, 3 attempts) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 5. Frame Hold for time (1 attempt, unlimited time) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 6. Crucifix Hold for time (1 attempt, unlimited time) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 7. Axle Bar Snatch Grip Deadlift (max weight, 3 attempts) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 8. Hercules Hold - Max Wgt For Time (1 Attempt) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 9. Weighted Pullups or Chin-Ups for Reps (1attempt, unlimited time) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| 10. Deadlift Lockout (max weight, 3 attempts) | \$45 first class/division \$25/additional class/division | 1 st class | 2 nd class |
| TOTAL FOR ALL CHOSEN EVENTS ABOVE | TOTAL \$ _____ | | |

NOTES/DETAILS: