

**Kentucky AAU**  
**Track and Field**  
**Westside Age Group Meey**  
**April 18, 2024**

**Hosted by Westside Track Club**  
**Westside Track Club, Louisville, KY**

**AGE GROUPS:** 8 & Under, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old

**ENTRY FEE:** \$5.00

**ENTRY FEE PAYABLE TO:** No

**ENTRY DEADLINE:** April 15, 2024

**SIGN UP AT:** [kymilesplit.com](http://kymilesplit.com)

**AWARDS:** No

**RULES:** Westside Track Club Age Group Meet

Sponsored

by Westside Track Club & Central Kentucky Track Club

The dates for the Westside Track Club Age Group Meets at Central High School Stadium, 1120 W. Muhammad Ali Blvd are Thursday, April 18. April 25, May 9 and May 16.

These meets are designed primarily for elementary and middle school athletes but any individuals (including masters & open athletes) are welcome to participate. Meet will begin at 5:30 PM.

You can enter online at [ky.milesplit.com](http://ky.milesplit.com) or You can use Milesplit entry or Email me rosters in EXCEL spreadsheet form as follows: LAST NAME, FIRST NAME, SEX, BIRTHYEAR Email the roster to [fmiklavcic2@gmail.com](mailto:fmiklavcic2@gmail.com)

The speed of the meet depends on every athlete having their own correct competitor number. You do not have to indicate events the athlete will compete. We will line them up at the starting line. No one is to use another athletes number. Athlete competitor numbers will be emailed the day before the meet. Athletes will be allowed admission to the park in uniform with their competitor number on their right hand. Email EXCEL spreadsheet to [fmiklavcic2@gmail.com](mailto:fmiklavcic2@gmail.com)

Since this meet will be age groups instead of by grades, you will need to enter the athletes birthdate

(month-day-year) in Hytek. The computer program will sort out results by age.

Ages will be USATF age groups, based on the athletes age on December 31, 2024.

Ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18, and over.

They will go to the check-in area and the clerk will line up heats there. Age groups may run together, but results will be separated. Order of events each day will be 100, 800, 4x100 relay, 400, 200, 1600, 4x400 relay, long jump(open pit) & shot put.(6#)

(4kg boys 13-14 over)We will not use starting blocks. Enter as many as you want in each event. You can enter multiple relays also.Competitor numbers will be

are \$10 each. Athletes added on meet day will be charged \$10.

Entry fee for Masters & Open athletes is \$15. Make checks payable to Central Kentucky Track Club Mail to 319 Erin Way Frankfort, Ky 40601 Admission is \$5 for adults, \$3 students Preschool free.

Concessions will be available.

Long jump 3 jumps only, open pit for one hour. Shot put---3 throws

Everyone must remain in the stands if they are not competing in a specific event. The only exception will be those coaches who are officiating.

Teams will be provided with a garbage bag on the way in. Please clean up your area of the bleachers.

Results will be posted on [ky.milesplit.com](http://ky.milesplit.com)

Frank Miklavcic Timing & Results 502-875-2904 home

502-320-2264 cell [fmiklavcic2@gmail.com](mailto:fmiklavcic2@gmail.com)

Ed Newton [ednewton67@bellsouth.net](mailto:ednewton67@bellsouth.net) Westside Track Club Bill

Underwood [W.Underwood@twc.com](mailto:W.Underwood@twc.com) Westside Track Club.

**FOR MORE INFORMATION:**

Charna Evon Gaither  
[charnagaither@gmail.com](mailto:charnagaither@gmail.com)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.