

40 West Elite Speed

Indoor Invitational

Date: 01/14/2023

Mount St. Joseph University

5701 Delhi Rd

Cincinnati, Ohio

Entry closes: 01/11/2023 at 11:00 PM

Entry fee: \$20.00 per athlete

Registration: www.coacho.com

Spectator Tickets: \$10.00 in advance; \$15.00 at the door

Tickets link: www.eventbrite.com

Children 5 & under free

Athlete/Coaches Gate: 8:30am

Spectator Gate: 8:45am

Awards: 1st – 3rd place

Field Events: 9:00am

Shot Put, Long Jump, High Jump

Running: 10:00am

60mh, 60m, 200m, 400m, 800m 1500m, 4x200m



For event questions please contact Meet Director DeCarlo Blackwell (614) 805-9713

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.