



# RUN.JUMP.THROW

*You're Invited!*

 **VIKINGS**

## ALL-COMERS

### TRACK & FIELD MEET

**WHEN: JULY 16, 2022**

**WHERE: COEUR D'ALENE HIGH SCHOOL  
(5530 N 4TH ST, COEUR D'ALENE, ID 83815)**

**WHO CAN COMPETE: EVERYONE (5YRS - 90YRS  
OLD)**

**(FOR MORE INFORMATION SCAN OUR QR CODE)**

**TO REGISTER : VISIT [ATHLETIC.NET](http://ATHLETIC.NET), SCAN QR CODE,  
OR VISIT: [G3ATHLETICS.ORG](http://G3ATHLETICS.ORG)**



- All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- **BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership



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