

2023 Arkansas AAU State Championships
JO Qualifier
El Dorado, Arkansas
Healthworks Fitness Center
June 23 – June 25, 2023
AAU Sanction Number-applied for

AAU Junior Olympic qualifier swim meet hosted South Arkansas Sharknados

Information:

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

* All participants must have a current AAU membership.

* AAU membership may not be included as part of the entry fee to the event.

* AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

Session Schedule:

Session #1 Friday June 23rd Evening Warm ups- 5:00 pm Meet Starts 6:00 pm

Session #2 Saturday June 24th Morning Warm ups- 7:30 am Meet Starts 8:40 am

Session #3 Saturday June 24th Afternoon Warm ups- 12:00pm Meet Starts 1:10 pm

Session #4 Sunday June 25th Morning Warm ups- 7:30 am Meet Starts 8:40 am

Session #5 Sunday June 25th Afternoon Warm ups- 12:00pm Meet Starts 1:10 am

Warm Up Procedures:

Each team will be assigned specific warm up times and lanes prior to the meet start. Times are tentative as the # of swimmers may vary. Each team will control what they do with their time. Starts are permitted however; they must only swim one direction in that lane.

Address of Meet

Healthworks Fitness Center
304 North Madison
El Dorado AR 71730

Officials/Coaches Information:

- Meet Referee > Brian Smith
- Meet Director > Mike Dobbins
- Clerk of Course > Meagan King

Any officiating help from visiting teams will be greatly appreciated! Hospitality concessions will be provided for Coaches and Officials. Please contact Meet Director if you are able to help. **For any questions pertaining to the meet please contact Meet Director: swimsharknadosdobbo@gmail.com or 501-860-5503**

MEETINGS:

Evening Session #1 (Friday)

5:30 pm **Stroke & Turn** Officials Meeting: Scoreboard

5:50 pm **Timers** Meeting: by Scoreboard

5:50 pm **Coaches** Meeting: Awards Room

Morning Sessions #2 & #4 (Saturday & Sunday)

8:00 am **Stroke & Turn** Officials Meeting: Scoreboard

8:30 am **Timers** Meeting: by Scoreboard

8:30 am **Coaches** Meeting: Awards Room

Afternoon Sessions #3 & #5 (Saturday & Sunday)

12:30 pm **Stroke & Turn** Officials Meeting: Scoreboard

1:00 pm **Timers** Meeting: by Scoreboard

1:00 pm **Coaches** Meeting: Awards Room

Timing:

Colorado Electronic Timing System with Touch Pads at finish end with back up plunger and 2 stopwatch backups per lane. PLEASE practice correct finishes with your swimmers to get correct times (Hit the touchpad underwater and hard)

Age Divisions:

8 & Under, 9-10, 11-12, 13-14, 15-18. Relays will be 8 & Under, 10 & Under, 12 & Under, 14 & Under, and 18 & Under with the stipulation that at least one swimmer on that relay MUST be in that age group. Individual events that are shown as multiple age groups will be swum together but scored as age divisions. The swimmers age as of June 23rd will determine their age division. If a swimmer should age up between June 23rd and July 26th, a swimmer may choose to swim up an age group in order to qualify for the Junior Olympics in those events.

Eligibility:

All Arkansas AAU registered athletes and Arkansas AAU registered teams are eligible. Entries will not be accepted without current registration numbers for AAU registered athletes and AAU registered teams. Proof of AAU registration must be sent in with entries.

Entry information:

Should include swimmers name, birth date, AAU Registration numbers and seed time. Each swimmer is allowed 1 relay and 5 individual events per day (Maximum of 2 relays and 12 individual events for the entire meet) Meter times must be converted to short course yard times. Swimmers age as of June 24th 2022 will determine their age group for the meet. Swimmers cannot swim in more than one age group.

Entry Deadlines:

All events and entries are due by **5:00pm Wednesday, June 14, 2023**. A Psych sheet will be sent out by email no later than 5:00pm Monday, June 19, 2023. Coaches shall review these for entries, spelling, etc. We will accept changes until 5:00 pm Tuesday, June 20, 2023. Deck entries will not be accepted for this event.

E-mail entries to: mking@sharefoundation.com (Hy-Tek Team Manager is preferred.)

Registration Fee:

\$10.00 Swimmer Surcharge includes facility and swimmer registration:

\$4.00 per individual event

\$8.00 per relay Events

All registration fees must be paid to the Meet Director prior to the meet start on Friday. Checks should be made out to South Arkansas Sharknados. Please, one check per team (multiple checks from individual parents will not be accepted)

Scoring/Award Information:

- Individual Events will be scored as 9, 7, 6, 5, 4, 3, 2, 1
1-3rd place will receive a Medals; 4th – 8th place will receive a ribbon.
- Relay Events will be scored as 18, 14, 12, 10, 8, 6, 4, 2
1st – 3rd place will receive Medals; 4th – 8th place will receive a ribbon.

- High Point Awards will be given to:
 - 1st place Individual Boy and Girl for each Age Division (8-Under, 9-10, 11-12, 13-14, 15-18)
- Team Trophies
 - 1st – 3rd place Teams with High Points (Combined Boys and Girls Score)

******There will be individual 25 yd, 100 IM, 100 freestyle and 200 freestyle events for swimmers 8 years old and younger. These events ARE NOT Junior Olympic Qualifying events. Those swimming in these events may receive medals and score for their teams.******

JO Qualification:

First, Second, and Third place finishers in AAU Club or District Championship Meets for individual events under 400M will qualify in those events. In addition, swimmers who meet or beat the U.S. Swimming Long Course “A” minimum time standards for all 200M, 400M and 1500M events and “BB” time standards for events less than 200M are eligible to compete in the events where they meet the minimum time standards. Qualification for the 400M and 1500M is time only.

Rules:

Conduct of this sanctioned event in every respect to all technical and administrative rules of 2021 AAU/USA Swimming and Arkansas.

- Smoking and GLASS bottles are NOT allowed.
- There will be NO bull pen for this meet. The Scoreboard will now display the Event and Heat Number. It is the swimmer’s responsibility to be on time to their events.

Location Information:

- Parking is available in the Healthworks parking lot.
- Seating is available on bleachers around the pool area.. Chairs are permitted in designated areas around the pool as well as outside deck in the grassy area. Do not block any emergency exits or equipment. All personal chairs in the pool area will need to be removed after each session. There will be a designated area for Canopies outside. Healthworks will NOT be held responsible for ANY personal belongings.
- Pool: The indoor competition pool is 25 yards and contains 8 lanes. Colorado Timing System with touch pads (at finish ends) and backup timing will be used. A Scoreboard with times and event numbers will also be used. The Activity Pool will be open for warm ups and warm downs during the competition for sessions 1, 3 and 5.
- Restrooms are located in the lobby as well as the locker room area. Locker Rooms are available but changing areas are limited so come to the pool prepared to swim.
- FIRST AID stations can be located in the pool area or the Front Desk.
- Heat Sheets may be purchased for \$10.
- Meet Mobile will be up and running under “2023 AAU Summer JO Championships”
- Fine designs will be on site for t-shirt and hoodie sale.
- Concessions will be available for purchase on site through the Healthworks Juice Bar.

LODGING:

**Hampton Inn El Dorado
2312 Junction City Road
El Dorado AR 71730**

**Country Inn and Suites
2413 West Hillsboro
El Dorado AR 71730**

**Holiday Inn Express
1819 Junction City Road
El Dorado AR 71730**

**Fairfield Inn and Suites
1800 N West Avenue
El Dorado AR 71730**

**The Haywood
210 South Washington
El Dorado AR 71730**

EVENT INFORMATION

**Session #1 Friday Evening
Warmups- 5:00 pm Meet Starts 6:00 pm**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENT
1	13-18	400 yd IM	2
3	12 + Under	200 yd Freestyle	4
5	13-18	1650 yd Freestyle	6

**Session #2 Saturday Morning
Warmups- 7:30 am Meet Starts 8:40**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENT
7	10 + Under	100 yd Breaststroke	8
9	8 + Under	50 yd Butterfly	10
11	8 + Under	25 yd Butterfly	12
13	9 – 10	50 yd Butterfly	14
15	8 + Under	50 yd Freestyle	16
17	9 – 10	50 yd Freestyle	18
19	8 + Under	25 yd Freestyle	20
21	10 + Under	200 yd Ind. Medley	22
23	8 + Under	50 yd Backstroke	24
25	8 + Under	25 yd Backstroke	26
27	9 – 10	50 yd Backstroke	28
29	8 + Under	100 yd Medley RELAY	30
31	10 + Under	200 yd Medley RELAY	32

**Session #3 Saturday Afternoon
Warmups- 12:00 Meet Starts 1:10**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENT
33	13-18	200 yd Breaststroke	34
35	11-12	100 yd Breaststroke	36
37	13-18	100 yd Butterfly	38
39	11-12	50 yd Butterfly	40
41	13-18	50 yd Freestyle	42
43	11-12	50 yd Freestyle	44
45	13-18	200 yd Ind. Medley	46
47	11-12	200 yd Ind. Medley	48
49	13-18	100 yd Backstroke	50
51	11-12	50 yd Backstroke	52
53	13-18	200 yd Freestyle	54
55	12 + Under	200 yd Medley RELAY	56
57	14 + Under	200 yd Medley RELAY	58
59	18 + Under	200 yd Medley RELAY	60

**Session #4 Sunday Morning
Warmups- 7:30 am Meet Starts 8:40**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENT
61	9 - 10	100 yd Backstroke	62
63	8 + Under	50 yd Breaststroke	64
65	8 + Under	25 yd Breaststroke	66
67	9 – 10	50 yd Breaststroke	68
69	10 + Under	100 yd Butterfly	70
71	8 + Under	100 yd Ind. Medley	72
73	10 + Under	100 yd Freestyle	74
75	8 + Under	100 yd Freestyle RELAY	76
77	10 + Under	200 yd Freestyle RELAY	78

**Session #5 Sunday Afternoon
Warmups- 12:00 Meet Starts 1:10**

GIRLS EVENTS	AGE GROUP	EVENT DESCRIPTION	BOYS EVENT
79	11-12	500 yd Freestyle	80
81	13-18	500 yd Freestyle	82
83	11-12	100 yd Backstroke	84
85	13-18	200 yd Backstroke	86
87	11-12	50 yd Breaststroke	88
89	13-18	100 yd Breaststroke	90
91	11-12	100 yd Butterfly	92
93	13-18	200 yd Butterfly	94
95	11-12	100 yd Freestyle	96
97	13-18	100 yd Freestyle	98
99	12 + Under	200 yd Free RELAY	100
101	14 + Under	200 yd Free RELAY	102
103	18 + Under	200 yd Free RELAY	104