

FUTURE CHAMPIONS - JUNIOR OLYMPIC – MASTERS – SENIORS SATURDAY, November 5, 2022

MEET DIRECTOR: Steve Sherman, (925) 283-2100, Cell: (925) 788-4962 Sanction TBD

LOCATION: Sherman Swim School, 1075 Carol Lane, Lafayette, CA 94549

COMPETITION: Competition begins at 9:00AM. Open practice will be from 7:45AM to

8:45AM. Closed practice for each age group before their event. NOTE:
Order of events may change based on the number of participants. An
updated timeline will be distributed to participating clubs on Thurs, Nov 3.

FEES: \$40 per event.

ELIGIBILITY: This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

• AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

 Participants are encouraged to visit the AAU website <u>www.aausports.org</u> to obtain their membership.

REGISTRATION: All registration must be completed online at diverseets.com.

Deadline for online registration: 12:00 noon PST, Thurs, Nov 3.

RULES: ONE METER COMPETITION ONLY.

JO events – AAU Dive Requirements. FC Events – AAU Dive Requirements.

Senior Events – For those 19 & up, 6 dives. No minimum d.d. Masters – FINA Rules. 10 year age groups: 20-29, 30-39, etc.

AWARDS: All events: 1st, 2nd, & 3rd place medals; ribbons for all others. Fun Awards for

High Point Dive in each event! (FC, JO, Seniors, and Masters, men & women.)

Based on highest raw score before d.d. is applied, excluding jumps.

SNACK BAR: Breakfast, Lunch, & Snacks will be available for all. Hospitality for Coaches.

EVENTS: 1) FC Levels 1, 2 & 3 4) FC 6, 7 & 8

2) JO 9&U, JO 10-11, + FC 4&5 5) JO 16-18,

3) JO 12-13, JO 14-15 + Seniors & Masters